

ABOUT MAHA

The Midwest Asian Health Association (MAHA) is a nonprofit, 501(c)(3) organization established in 2003 with a mission to reduce health disparities for the medically underserved low-income population in the Midwest through developing and providing culturally sensitive and linguistically appropriate services.

ABOUT MAHA'S GAMBLING AWARENESS PROGRAM

MAHA's Gambling Awareness Program (GAP) aims to expand gambling awareness and gambling addiction prevention services in the state of Illinois. The GAP program provides community outreach education, addiction screenings and intervention, and linkage/referral for counseling and treatment.



We Invite You to

Take our Gambling Assessment Survey at <http://maha-us.org/gambling-awareness-program/>

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Gambling is a family disease. One person may be addicted but the whole family suffers.



Gambling Awareness Program



Midwest Asian Health Association
美亞健康協會 (MAHA)
A NON-PROFIT ORGANIZATION 非盈利機構

Funded by Illinois Department of Human Services,
Division of Substance Use Prevention and Recovery



Define Gambling:

Gambling is defined as playing a game in which you can win or lose money or possessions or take risky action in the hope of a desired result. ¹

Types of Gamblers:²

Recreational Gambler

- Doesn't hide their gambling expenses from others
- Has no difficulties stopping when they should
- Doesn't experience any psychological or financial problems due to gambling

Problem Gambler

- Has a preoccupation with playing
- Has lied to others about their gambling expenses and behaviors
- Has limited to no self-control over their gambling behaviors

Resources:

- **Illinois Lottery Voluntary Self Exclusion Program**

Allows a person to ban him or herself from receiving a lottery prizes over \$600 at a lottery claim center and any direct mail or email promotional materials

- **1-800-GAMBLER**

Toll free helpline answered by master-level therapists

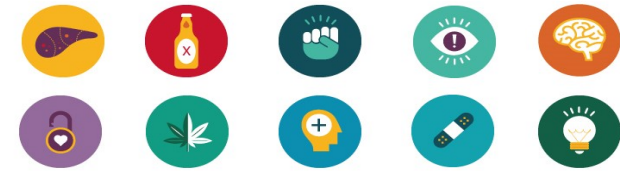
Provide problem gamblers with access to state funded treatment

- **Gamblers Anonymous**

A fellowship of men and women who share their experiences with each other to help solve and recover from their gambling problem

- **Gam-Anon**

A fellowship of men and women who are partners, parents, relatives and close friends of compulsive gamblers



HOW YOU CAN HELP AND SUPPORT?

- **HELP** us collect data on gambling behavior and problem gambling in your community.
- **COLLABORATE** on community outreach and intervention best practices.
- **SPREAD THE WORD** and share resources and information to educate those around you.
- **HAVE THE TALKS** and engage in open discussion at home and in the community about problem gambling.



1. Definition from Oxford Languages. 2021.

2. National Council on Problem Gambling. 2021. <https://www.ncpgambling.org/help-treatment/faq/>