ABOUT MAHA

The Midwest Asian Health Association (MAHA) is a nonprofit, 501(c)(3) organization established in 2003 with a mission to reduce health disparities for the medically underserved low-income population in the Midwest through developing and providing culturally sensitive and linguistically appropriate services.

ABOUT MAHA’S GAMBLING AWARENESS PROGRAM

MAHA’s Gambling Awareness Program (GAP) aims to expand gambling awareness and gambling addiction prevention services in the state of Illinois. The GAP program provides community outreach education, addiction screenings and intervention, and linkage/referral for counseling and treatment.

We Invite You to
Take our Gambling Assessment Survey at http://maha-us.org/gambling-awareness-program/

Contact Us

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Gambling is a family disease. One person may be addicted but the whole family suffers.
Define Gambling:

Gambling is defined as playing a game in which you can win or lose money or possessions or take risky action in the hope of a desired result.\(^1\)

Types of Gamblers:\(^2\)

Recreational Gambler

- Doesn’t hide their gambling expenses from others
- Has no difficulties stopping when they should
- Doesn’t experience any psychological or financial problems due to gambling

Problem Gambler

- Has a preoccupation with playing
- Has lied to others about their gambling expenses and behaviors
- Has limited to no self-control over their gambling behaviors

Resources:

- **Illinois Lottery Voluntary Self Exclusion Program**

  Allows a person to ban him or herself from receiving a lottery prizes over $600 at a lottery claim center and any direct mail or email promotional materials

- **1-800-GAMBLER**

  Toll free helpline answered by master-level therapists
  Provide problem gamblers with access to state funded treatment

- **Gamblers Anonymous**

  A fellowship of men and women who share their experiences with each other to help solve and recover from their gambling problem

- **Gam-Anon**

  A fellowship of men and women who are partners, parents, relatives and close friends of compulsive gamblers

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