



美亚健康协会
Midwest Asian Health Association

FOR IMMEDIATE RELEASE

March 3, 2021

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Problem Gambling Awareness Month

Chicago, IL: MAHA dedicates the month of March to helping people experiencing gambling issues and providing resources to those who may be in need of help.

Problem Gambling Awareness Month is a grassroots campaign that brings together a wide range of stakeholders, including public health organizations, treatment providers, advocacy groups and gambling operators to help raise awareness of the prevention, treatment, and recovery services available for those adversely affected by gambling.

Problem gambling—or gambling addiction- symptoms include increasing preoccupation with gambling, a need to bet more money more frequently, restlessness or irritability when attempting to stop, “chasing” losses, and loss of control manifested by continuation of the gambling behavior in spite of mounting, serious, negative consequences. In extreme cases, problem gambling can result in financial ruin, legal problems, loss of career and family, or even suicide. Approximately 2 million U.S. adults are estimated to have a gambling disorder. Another 4-6 million are considered to have problem gambling. For many more residents of the U.S., gambling remains a hidden addiction.

If you or someone you know has a gambling problem, reach out to:

NATIONAL PROBLEM GAMBLING (NCPG) HELPLINE: Call or text: 1.800.522.4700
Chat: ncpgambling.org/chat

MIDWEST ASIAN HEALTH ASSOCIATION (MAHA): Tel: 312.285.2326 or 312.286.2486
Visit <http://maha-us.org/gambling-awareness-program/>

WE KNOW THE FEELING: Call: 1.800.Gambler or Text: ILGAMB TO 53342
Website: <https://weknowthefeeling.org/>

About MAHA: The Midwest Asian Health Association (MAHA) is a non-profit, 501(c)(3) organization established in 2003 with a mission is to reduce health disparities for medically underserved, low-income populations in the Midwest through providing culturally sensitive and linguistically appropriate services, which include community outreach education, screening and immunization, linkage to care, and research and policy advocacy. To serve its mission, MAHA collaborates with community-based organizations, health care providers, academic institutions, public health departments, and volunteers.

About NCPG: The National Council on Problem Gambling (NCPG) is the national advocate for people and families affected by problem gambling. NCPG is neutral on legalized gambling and works with all stakeholders to promote responsible gambling.

About WE KNOW THE FEELING: This project is funded in whole or in part by the Illinois Department of Human Services (IDHS) Division of Substance Use Prevention and Recovery.