

# April is Cannabis Awareness Month

Jan. 1, 2020 - Illinois became the 11th state to legalize recreational marijuana use for adults 21 and older if purchased from licensed sellers.

**LEGAL**  **SAFE**

Using marijuana at an early age can lead to negative health consequences.

Sales for recreational marijuana have topped **\$169 million** this year. The number of recreational marijuana dispensaries has nearly doubled, from **45** licensed dispensaries statewide as of Jan 2020 to **82** licensed dispensaries as of March 4, 2021.

## Side Effects

Hunger or thirst  
Uneasiness or Anxiety  
Redness in eyes  
Drowsiness  
Sleeplessness  
Short-term memory loss  
Euphoria

Other more harmful health effects of marijuana include: breathing problems, increased heart rate, risk of heart attack, nausea and vomiting, depression and suicidal intentions, and many other physical and mental risks.

Marijuana use is on the rise among adults of all ages, sexes, and pregnant women. Staying informed about marijuana use not only protects you but your loved ones as well from becoming addicted.



美亚健康协会  
Midwest Asian Health Association



This flyer was developed in part under the Centers for Disease Control and Prevention (CDC) Drug Free Communities Grant.