



November 8, 2022

ANNUAL FUNDRAISING GALA: SATURDAY, DECEMBER 10TH
BACK IN-PERSON!

This year, MAHA's Fundraiser, "Growing a Better Tomorrow", will return to a live audience!

Furama Restaurant: 2828 S. Wentworth Ave. in Chicago (Find on Google Maps).



GROWING A BETTER TOMORROW
Annual Fundraiser Dinner

DECEMBER 10, 2022
6PM - 8:30PM

Furama Restaurant:
2828 S. Wentworth Ave.
Chicago, 312-225-6888



Regular Ticket
\$100
VIP Ticket
\$150

Contact:
Cindy Lee:
312-225-8659
Andrew Piotrowski:
847-894-8447

Join us as we celebrate an incredible year of growth for the Midwest Asian Health Association and look towards the future as we continue to expand our services to reach new areas of Chicagoland!

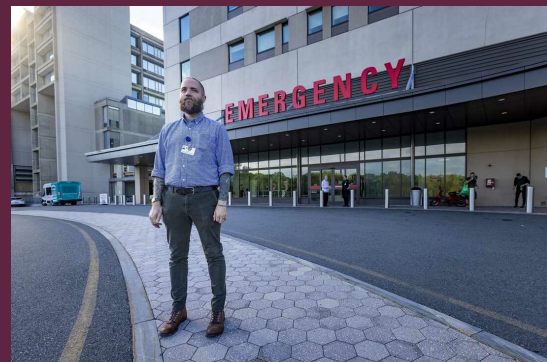
Upcoming Events

Creativity Corner

- Date: Thursday 11/10 @ 4-4:45pm
- Location: McKinley Park Library
- Address: 1915 W 35th St, Chicago, IL 60609
- Guided crafts and open art activities

Mexican Folkloric Dance Performance

- Date: Saturday 11/12 @ 2pm
- Location: McKinley Park Field House
- Address: 2210 W Pershing Rd, Chicago, IL 60609



Hospitals have
specialists on call
for lots of

Community Health Screening

- Date: Saturday 11/26 @ 8am-11am
- Location: New MAHA Chinatown Office
- Address: 218 W 26th St Chicago, IL 60616
- **Reminder: Community Health Screenings are moving! They will now on be held at our new office (address listed above)**

Contact info@maha-us.org if you would like more info on any event!



Substance Use Prevention Program

MAHA's Substance Use Prevention Program works to engage community members in discussions surrounding substance use and promote healthy alternatives. Our program focuses on mental health and prevention by holding workshops with both parents and youth to discuss reasons for substance use, the connection between mental health and substance use, informing on the consequences of substances use, and promoting healthy coping mechanisms.

Our youth coalition, the McK-UDOS Youth Coalition, works with high school students to build their skills and leadership and engage in discussions surrounding substance use and take direct action through community events and trainings.

Contact Carolina Rojas-Becerra carorjasbec@maha-us.org for more information.

diseases...

...but not addiction. Why not?

[Read more](#)
www.npr.org

Overdose deaths in the US are high and data demonstrates that patients experience an increased risk of fatal overdose days or weeks after hospital discharge. There is a need for addiction specialists, however, not enough importance is placed upon this issue since we still live in a society that shames drug users. Discussion surrounding drug addiction or substance use disorders can be stigmatizing and shameful for those with substance use disorders or drug addictions. Patients with these diagnoses may not want share since having such a diagnosis can make it difficult for everyday life such as finding housing, jobs, or medical care as these patients may be shunned.

Specifically in hospitals, there is a lack of knowledge surrounding addiction and withdrawal, creating missed opportunities for treating patients with addictions or suffering from withdrawal. In many cases, patients with drug addictions or going through withdrawal might not receive the help they need at a hospital. Hospital staff may not want to administer withdrawal medication due to lack of or lack of knowledge of outpatient services that would continue to assist the patient after hospital discharge. There aren't many hospitals in the U.S. with addiction specialists that can assist these patients and treat them appropriately.

However, there are some hospitals that are implementing addiction programs that include specialists and coaches that have the knowledge to help patients with substance use disorders or addictions. These programs are incredibly important because through them, discussions surrounding drug addictions and substance use disorders are shifting to one of more understanding. Without these programs, patients with substance use disorders going through withdrawal are more likely to return to drug use as it might be their only option of feeling better.

More hospitals need to develop addictions programs and federal support in the form of incentives or penalties can help push more hospitals to develop these programs and provide better treatment for patients with substance use disorders.



美亚健康协会
Midwest Asian Health Association
LOW INCOME HOME ENERGY ASSISTANCE PROGRAMS

- DVP (LIHEAP)
- PIPP recertification
- NEW UBR/UBR recertification
- Share the Warmth
- Furnace
- CASH APP
- Weatherization
- LIHWAP

*individuals may be eligible for more than one assistance program listed above

All clients are encouraged to make appointments in advance.

Documents Required:

- **Social Security (SS) Card**
 - Proof of ITIN is accepted
 - Undocumented customers are eligible to apply!!
- **Proof of individual/household income**
 - Example: pay stub, SSA, SSI, etc.
- **Gas and Light bill**

APPLY TODAY!

Phone: 312-225-6806
 Address: 230 W Cermak Rd 2F
 Chicago IL 60616
 Hours: 9am-5pm Monday-Friday

Income Eligibility

Household	Gross Income
1	\$2,265
2	\$3,052
3	\$3,838
4	\$4,625
5	\$5,412
6	\$6,198
7	\$6,985
8	\$7,324

MAHA's Navigator team goes beyond Healthcare to provide holistic services that provide for our client's social and emotional wellbeing, in addition to their physical health. The **Low Income Household Energy Assistance Program (LIHEAP)** is available to those who are behind on payments for their electric and/or gas bills, and who fall within the income range to qualify as eligible candidates. The LIHEAP enrollment process is currently ongoing until the end of April 2023. For more information, please call 312-225-6806 to speak with one of our Navigators.

MAHA offers services in **English, Mandarin, Cantonese.**

MAHA Employee Profile: Meet Jonathan!

Jonathan is from Easton, Connecticut. He studied International Studies and East Asian Languages & Civilizations at the University of Chicago, and subsequently earned a Master's in Public Policy from Central European University in Budapest and Institut Barcelona d'Estudis Internacionals. Jonathan has worked in journalism, at direct service nonprofits like the Chinese Mutual Aid Association, and on a global scale as a Division Coordinator at the International Monetary Fund.

After these experiences, Jonathan came to MAHA to focus on public health. As the Community Engagement Specialist, he maintains our network of partnerships, represents MAHA at community events, and manages data and drafts reports for grants. More recently, he's worked to develop our services for LGBTQIA+ people. He has enjoyed learning new skills at MAHA and admires the dedication of his coworkers.



In his free time, Jonathan enjoys Dungeons & Dragons, indoor rock climbing, and organizing with Food Not Bombs, where he helps serve rescued food to people who are unhoused or living with food insecurity.

Midwest Asian Health Association
[Visit our Site](#)

