

AD8 失智症评估量表

	是	否	不知道
1.判断力出现问题 (如: 无法做决定, 思考能力出问题)			
2. 对嗜好或喜欢的活动减少兴趣			
3. 一遍又一遍地重复同样的事情 (如:重复同样的问题/故事/论述)			
4. 使用工具或电器时遇到困难 (如: 电脑, 微波炉, 电视遥控器)			
5. 忘记正确的月份或年份			
6. 无法处理复杂的财务事务 (如: 付清账单, 报所得税...)			
7. 不记得约好的事情			
8. 日常思考记忆出现问题			

>>> 勾选几个是，即为得几分：

0 - 1 分 → 恭喜😊 认知正常！

2 分以上 → 要小心哟~ 建议找医生做进一步失智症检查♥

相關社区资源：

- 美亚健康协会-心理健康诊所
| 电话: 312-285-2287
地址: 218 W 26th St Chicago, IL 60616
- 24/7 阿尔茨海默病协会帮助热线
| 电话: 800-272-3900
- 阿尔茨海默病协会网站
| alz.org
- 预约免费支持团体與与教育活动
| [www.alz.org/events/ event search](http://www.alz.org/events/event_search)

AD8 Dementia Screening Interview

	Yes	No	Don't Know
1. Problems with judgment (e.g., problems making decisions, bad financial decisions, problems with thinking)			
2. Less interest in hobbies/activities			
3. Repeats the same things over and over (questions, stories, or statements)			
4. Trouble learning how to use a tool, appliance, or gadget (e.g., VCR, computer, microwave, remote control)			
5. Forgets correct month or year			
6. Trouble handling complicated financial affairs (e.g., balancing checkbook, income taxes, paying bills)			
7. Trouble remembering appointments			
8. Daily problems with thinking and/or memory			

>>> TOTAL AD8 SCORE is the sum of the number items marked Yes :

0 - 1 → Congrats 😊 Normal cognition!

2 or greater → Be aware~ Please see the doctor for further checkup ♥

Community Resources:

- MAHA's Mental Health Clinic | Tel# 312-285-2287
Address: 218 W 26th St Chicago, IL 60616
- 24/7 Alzheimer's Association Helpline | Tel# 800-272-3900
- Alzheimer's Disease Association Website | alz.org
- Free Registration of Support Groups and Education Programs | www.alz.org/events/event_search

